

Sobolev inequalities and embedding theorems

The simplest Sobolev imbedding theorem is the following (trivial) inclusion

$$H_0^{1,p}(U) \hookrightarrow L^p(U) \tag{1}$$

which follows immediately from general Poincare-Friedrichs inequality

$$\|v\|_{1,p} \leq C_p \|\nabla v\|_p$$

It turns out that even this information can be made more precise if one takes into account the **dimension** of the ambient space. There two distinguished cases: $p < n$ and $p > n$. The case $p = n$ is also called critical.

We start with the sub-critical case:

Theorem 1(Sobolev inequality: $p < n$) *Let U be a bounded domain in \mathbb{R}^n . Then*

$$\|v\|_{p^*} \leq C_p \|\nabla v\|_p, \tag{2}$$

Here

$$p^* = \frac{pn}{n-p}$$

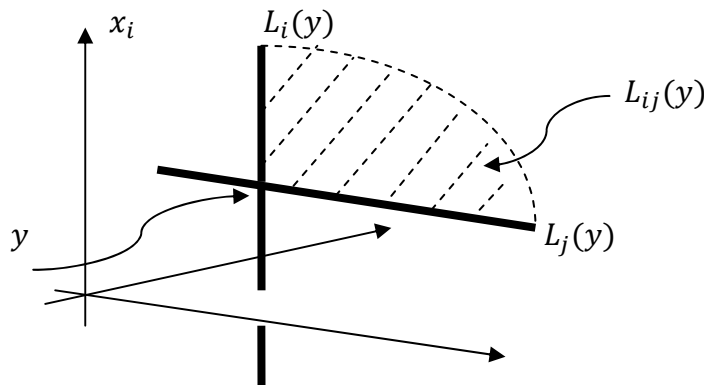
is the so-called **critical Sobolev's exponent** and C_p depends only on p and n .

■ The crucial step is to prove the Sobolev inequality for

The first case $p = 1$.

Notice that it suffices only to prove (2) for test functions, that is $v \in C_0^\infty(U)$. We extend any given $v \in C_0^\infty(U)$ by zero to the whole \mathbb{R}^n and shall denote for any index $1 \leq i \leq n$ and a point $y \in \mathbb{R}^n$

$$L_i(y) = \{x \in \mathbb{R}^n | x_i = y_i\}, \quad L_{ij}(y) = \{x \in \mathbb{R}^n | x_i = y_i, x_j = y_j\} \quad \text{etc.}$$



Since $v \in C_0^\infty(U)$ we have for any index i :

$$|v(\mathbf{y})|^{1/(n-1)} = \left| \int_{-\infty}^{y_i} v'_{x_i}(y_1, \dots, x_i, \dots, y_n) dx_i \right|^{1/(n-1)} \leq \left(\int_{L_i(\mathbf{y})} |\nabla v| \right)^{1/(n-1)} \equiv h_i^{\frac{1}{n-1}}$$

Here and in what follows in the proof we use the shorthand

$$L_i(\mathbf{y}) = L_i, \quad h_i = \int_{L_i} |\nabla v|, \quad h_{ij} = \int_{L_i} h_j dx_i \equiv \int_{L_i \oplus L_j} |\nabla v|, \quad \text{etc.}$$

(the latter integrals should be understood as line, surface integrals with respect to the corresponding measure). Notice also that h_i does not depend on y_i , h_{ij} does not depend on y_i, y_j and so on.

And after multiplication over all $i = 1, 2, \dots, n$:

$$|v(\mathbf{y})|^{n/(n-1)} \leq h_1^{\frac{1}{n-1}} \cdot h_2^{\frac{1}{n-1}} \cdot \dots \cdot h_n^{\frac{1}{n-1}} \quad (3)$$

Thus, integrating (3) over $L_1(\mathbf{y})$ and applying the Hölder inequality gives

$$\int_{L_1} |v|^{\frac{n}{n-1}} \leq h_1^{\frac{1}{n-1}} \int_{L_1} \prod_{i=2}^n h_i^{\frac{1}{n-1}} \leq h_1^{\frac{1}{n-1}} \prod_{i=2}^n \left(\int_{L_1} h_i dx_1 \right)^{\frac{1}{n-1}} = h_1^{\frac{1}{n-1}} \prod_{i=2}^n h_{1i}^{\frac{1}{n-1}}$$

Writing the last product as

$$h_1^{\frac{1}{n-1}} \prod_{i=2}^n h_{1i}^{\frac{1}{n-1}} = h_{12}^{\frac{1}{n-1}} \cdot h_1^{\frac{1}{n-1}} \cdot \prod_{i=3}^n h_{1i}^{\frac{1}{n-1}}$$

and integrating over $L_2(\mathbf{y})$ (recall that h_{12} does not depend on y_1 and y_2) with application the Hölder inequality yields

$$\int_{L_{12}} |v|^{\frac{n}{n-1}} \equiv \int_{L_2} \int_{L_1} |v|^{\frac{n}{n-1}} \leq h_{12}^{\frac{1}{n-1}} \int_{L_2} \left(h_1^{\frac{1}{n-1}} \prod_{i=3}^n h_{1i}^{\frac{1}{n-1}} \right) \leq h_{12}^{\frac{2}{n-1}} \cdot \prod_{i=3}^n h_{12i}^{\frac{1}{n-1}}$$

Applying this argument, we obtain easily by induction that for any $k \leq n - 1$

$$\int_{L_{12\dots k}} |v|^{\frac{n}{n-1}} \leq h_{12\dots k}^{\frac{k}{n-1}} \cdot \prod_{i=k+1}^n h_{12\dots ki}^{\frac{1}{n-1}}$$

Hence for $k = n - 1$ we have

$$\int_{L_{12\dots n-1}} |v|^{\frac{n}{n-1}} \leq h_{12\dots n-1} \cdot h_{12\dots n-1,n}^{\frac{1}{n-1}}$$

Integrating this inequality over L_n , and taking into account that $h_{12\dots n-1,n}^{\frac{1}{n-1}}$ does not depend on y_n and that $\mathbb{R}^n = L_{12\dots n}$, we find

$$\int_{\mathbb{R}^n} |v|^{\frac{n}{n-1}} \equiv \int_{L_{12\dots n}} |v|^{\frac{n}{n-1}} \leq h_{12\dots n-1, n}^{\frac{1}{n-1}} \int_{L_n} h_{12\dots n-1} = h_{12\dots n}^{\frac{n}{n-1}} \equiv \left(\int_{\mathbb{R}^n} |\nabla v| \right)^{\frac{n}{n-1}}$$

So we have proved the Sobolev inequality for $p = 1$.

The second case: $1 < p < n$.

Now, let us denote by $w = |v|^s$, where $s > 0$ and $v \in C_0^\infty(\mathbb{R}^n)$. It is easy to see that $w \in C_0^\infty(\mathbb{R}^n)$. Hence applying the Sobolev inequality for $p = 1$ to w and then the Hölder inequality, we get

$$\begin{aligned} \left(\int_{\mathbb{R}^n} |v|^{\frac{sn}{n-1}} \right)^{\frac{n-1}{n}} &\equiv \left(\int_{\mathbb{R}^n} |w|^{\frac{n}{n-1}} \right)^{\frac{n-1}{n}} \leq \int_{\mathbb{R}^n} |\nabla w| = s \int_{\mathbb{R}^n} |v|^{s-1} |\nabla v| \leq \\ &\text{(by Hölder's inequality)} \\ &\leq s \left(\int_{\mathbb{R}^n} |v|^{\frac{(s-1)p}{p-1}} \right)^{\frac{p-1}{p}} \left(\int_{\mathbb{R}^n} |\nabla v|^p \right)^{\frac{1}{p}} \end{aligned}$$

Let us choose s so that

$$\frac{sn}{n-1} = \frac{(s-1)p}{p-1},$$

that is $s = \frac{(n-1)p}{n-p}$. Then we find for this value of s :

$$\left(\int_{\mathbb{R}^n} |v|^{\frac{pn}{n-p}} \right)^{\frac{1}{p} - \frac{1}{n}} \leq s \left(\int_{\mathbb{R}^n} |\nabla v|^p \right)^{\frac{1}{p}}$$

which is equivalent to the required inequality

$$\|v\|_{\frac{pn}{n-p}} \leq s \|\nabla v\|_p$$

The theorem is proved. ■

Corollary 1 (Sobolev embedding theorem for $p < n$). *Let U be a bounded domain in \mathbb{R}^n . Then for $p < n$*

$$H_0^{1,p}(U) \hookrightarrow L^q(U), \quad \text{if } 1 \leq p \leq q \leq p^* \equiv \frac{np}{n-p}. \quad (4)$$

and the embedding continuous in the sense that the following inequality true:

$$\|v\|_q \leq C_p \|v\|_{1,p}, \quad p \leq q < p^*.$$

■ Proof: apply the Hölder inequality. ■

In other words, taking into account inequality $p^* \equiv \frac{p}{1-\frac{p}{n}} > p$, we have the following diagram (recall that U is a bounded domain):

$$\dots \subset C^0(\bar{U}) \subset L^\infty(U) \subset H_0^{1,p}(U) \subset \boxed{L^{p^*}(U) \subset L^q(U) \subset L^p(U)} \subset L^1(U) \quad (q \geq p).$$

$$\longleftarrow \hspace{10em} \longrightarrow$$

$$p^* - p = \frac{p^2}{n-p} \sim \frac{p^2}{n}$$

Finally we prove the super-critical case of the Sobolev inequality.

Theorem 2 (Sobolev inequality: $p > n$) Let U be a bounded domain in \mathbb{R}^n . Then

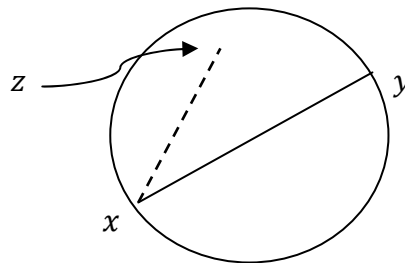
$$H_0^{1,p}(U) \subset C^{0,1-\frac{n}{p}}(\bar{U}), \quad p > n.$$

Moreover, the embedding $i: H_0^{1,p}(U) \hookrightarrow C^{0,1-\frac{n}{p}}(\bar{U})$ is continuous in the sense that the following inequality true:

$$\frac{|v(x) - v(y)|}{|x - y|^{1-\frac{n}{p}}} \leq C(U, n, p) \|\nabla v\|_p$$

The latter is called **Morrey's inequality**.

■ We consider $v \in C_0^\infty(U)$ and extend it by zero outside U so that $v \in C_0^\infty(\mathbb{R}^n)$. For any fixed pair of points $x, y \in U$ we denote by B the ball centered at $\frac{x+y}{2}$ of radius $R \equiv \frac{|x-y|}{2}$:



The points of segment $[x, z]$ can be parameterized by: $x + t(z - x)$, when $t \in [0, 1]$. We have

$$v(z) - v(x) = \int_0^1 \frac{d}{dt} v(x + t(z - x)) dt \leq \int_0^1 |\nabla v(x + t(z - x))| \cdot |z - x| dt$$

Integrating the obtained inequality over all points $z \in B$ and dividing by the measure of the ball $|B| = \Omega_n R^n$ (here Ω_n stands for the n -dimensional volume of the n -dimensional unit ball) gives

$$\frac{1}{\Omega_n R^n} \int_B v(z) dz - v(x) \leq \frac{1}{\Omega_n R^n} \int_B |z - x| dz \int_0^1 |\nabla v(x + t(z - x))| \cdot dt$$

We have also $|z - x| \leq 2R$ for any z in the ball B . Hence, passing to the absolute values and applying Fubini's theorem we find

$$\left| \frac{1}{\Omega_n R^n} \int_B v(z) dz - v(x) \right| \leq \frac{2}{\Omega_n R^{n-1}} \int_0^1 dt \int_B |\nabla v(x + t(z - x))| dz \quad (5)$$

Applying the (linear) change of variables $\xi(z) = x + t(z - x)$ with Jacobian $\frac{dz}{d\xi} = t^{-n}$ we obtain for the inner integral:

$$\int_B |\nabla v(x + t(z - x))| dz = \int_{B'} |\nabla v(\xi)| \frac{dz}{d\xi} d\xi = \frac{1}{t^n} \int_{B'} |\nabla v(\xi)| d\xi \leq$$

by the Hölder inequality

$$\leq \frac{1}{t^n} \left(\int_{B'} |\nabla v(\xi)|^p d\xi \right)^{\frac{1}{p}} \cdot \left(\int_{B'} 1 d\xi \right)^{\frac{p-1}{p}} \leq \frac{1}{t^n} \|\nabla v\|_p \cdot (\Omega_n t^n R^n)^{\frac{p-1}{p}}$$

Here we used the fact that $B' = \xi(B)$ is a ball of radius tR . The substitution of the found relations into (5) implies

$$\left| \frac{1}{\Omega_n R^n} \int_B v(z) dz - v(x) \right| \leq C_1 R^{1-\frac{n}{p}} \|\nabla v\|_p \int_0^1 t^{-\frac{n}{p}} dt$$

Notice that for $p > n$ the integral $\int_0^1 t^{-\frac{n}{p}} dt$ converges, so that we find (recalling that $R = \frac{1}{2}|x - y|$)

$$|a - v(x)| \leq C_2 |x - y|^{1-\frac{n}{p}} \|\nabla v\|_p$$

and changing the roles $x \leftrightarrow y$:

$$|a - v(y)| \leq C_2 |x - y|^{1-\frac{n}{p}} \|\nabla v\|_p$$

where $a = \frac{1}{\Omega_n R^n} \int_B v(z) dz$. Applying the triangle inequality to the last two inequalities we arrive at

$$|v(x) - v(y)| \leq |a - v(x)| + |a - v(y)| \leq C_3 |x - y|^{1-\frac{n}{p}} \|\nabla v\|_p$$

The theorem is proved. ■